

PAPER CONVERSION CHART

EQUIVALENT WEIGHTS

The **bold figures** in the chart indicate basis weights in pounds (#). The light figures are the equivalent basis weights of different papers. **GSM** (Grammage per square meter) measures the weight or density of paper. A ream = 500 sheets.

Examples: 100# Book is ± 148 gsm | 60# Cover is ± 162 gsm | 24# Bond is ± 61# Book

Grade	Bond/Writing 17 x 22	Text/Book 25 x 38	Cover 20 x 26	Bristol 22.5 x 28.5	Index 25.5 x 30.5	Tag 24 x 36	GSM Approximate
Bond/Writing	13	33	18	22	27	30	49
	16	41	22	27	33	37	60
	20	51	28	34	42	46	75
	24	61	33	41	50	55	90
	28	71	39	48	58	65	105
	32	81	45	55	67	74	120
	36	91	50	62	75	83	135
Text/Book	16	40	22	27	33	36	59
	18	45	25	30	37	41	67
	20	50	27	34	41	45	74
	24	60	33	41	49	55	89
	28	70	38	47	57	64	104
	30	75	41	51	61	68	111
	31	80	44	54	65	73	118
	35	90	49	61	74	82	133
	39	100	55	68	82	91	148
47	120	66	81	98	109	178	
Cover	36	91	50	62	75	83	135
	43	110	60	74	90	100	162
	47	119	65	80	97	108	176
	58	146	80	99	120	133	216
	65	164	90	111	135	150	243
	72	183	100	123	150	166	270
	86	219	120	148	180	199	325
Bristol	33	84	46	57	69	77	125
	39	100	54	67	81	91	147
	46	118	65	80	97	108	175
	58	148	81	100	121	135	219
	70	178	97	120	146	162	263
Index	43	110	60	74	90	100	163
	53	135	75	91	110	122	199
	67	170	93	115	140	156	253
Tag	43	110	60	74	90	100	163
	54	137	75	93	113	125	203
	65	165	90	111	135	150	244
	76	192	105	130	158	175	285
	87	220	120	148	180	200	326



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